



Post Sedation Discharge Instructions

Patient _____

Date _____

The medicine use for sedation will be acting in your body for the next twenty-four (24) hours, so you might feel a little sleepy. This feeling will slowly wear off. Since the medicine will still be in your system for the next twenty-four (24) hours the adult patient should not: Drive a car, operate machinery, or power tools; drink any alcoholic beverages (not even beer); sign any legal documents.

- You may resume the medications you were taking before you were given sedation as directed by your physician. **EXCEPT: You must reveal all narcotic medication to the sedation dentist so he can determine the safety of continuing this type of medication.**

PATIENT INITIAL _____

CAREGIVER INITIAL _____

- Drink plenty of liquids for the next 4-6 hours.
- You may eat solid food as tolerated. However, after sedation it is better to start with a light diet such as liquids (soft drinks, tea, Jell-O, or broth), then soup and crackers, and gradually work up to solid foods.
- Remain at home resting for the next 24 hours and have a responsible adult with you.
- No smoking for 24 hours. You may smoke if someone is watching you.
- It is advisable not to make major legal decisions or engage in any hazardous activities for 3 days.
- If you have “irritation” or your intravenous site where you were given your IV sedation, please put an ice pack over it for 5 minutes 4 times a day after 24 hours (in the morning, noon, afternoon, and evening.) If you still have the “irritation” after the above treatment, please call your physician.
- If unable to urinate within twelve (12) hours of your surgery, please contact your physician.
- You are not expected to have any fever. If you do feel warm, take your temperature. If the temperature is 101 degrees Fahrenheit (38.3 degrees centigrade) or higher, please call your physician.
- If you have any questions or concerns, please call your physician.
- Please call the office at (810) 687-5040 to verify you are with your caregiver at home after you leave this office.

Call 911 or go to the emergency department if you experience any of the following:

- You have sudden trouble breathing.
- You cannot be woken.

Return to the emergency department if:

- You have a severe headache or dizziness.
- Your heart is beating faster than usual.

Contact your healthcare provider if:

- If you have a fever.
- You have nausea or are vomiting for more than 8 hours after the procedure.
- Your skin is itchy, swollen, or you have a rash.
- You have questions or concerns about your condition or care.

If you have any questions or problems regarding your sedation, you may contact Dr. Travis Haddad at any time by calling (810) 640-5804.

Patient Signature _____

Print Name _____

Date _____

Caregiver or Authorized Representative agrees to assist with the above discharge instructions and agrees to stay with (Print Patients Name) _____ for a period of 24 hours that ends on (Date) _____ at (Time) _____

Caregiver Signature _____

Print Name _____

Date _____

Dentist Signature _____

Print Name _____

Date _____