



Instructions for I.V Sedation

Before Your Appointment

- No sedatives for 12 hours before or after procedure (including alcohol or marijuana) unless prescribed by the dentist to take
- No stimulants for 12 hours before your procedure (including coffee)
- No chance of pregnancy; pregnancy tests are available at no extra cost
- No food or water 8 hours prior to appointment (regular medications can be taken with a small sip of water on the morning of the procedure)
- The patient cannot have anything to eat or drink 8 hours prior to the dental sedation
- Sips of water to take regularly scheduled medication is appropriate
- NO Pepto-Bismol
- NO Tums or other anti-acid tablets

Caregiver / Driver

- The patient must have a caregiver for 24 hours after dental sedation
- Caregiver definition – Any person willing to stay with the patient after the dental sedation that demonstrates “reasonable judgement.”
- The caregiver must be present the entire case including driving the patient to and from the appointment
- Caregivers name: _____
- Caregivers cell phone #: _____

Day of Your Appointment

- No contact lenses
- No jewelry (necklaces, bracelets, watches, rings, etc.)
- Please wear loose, comfortable clothing (Example: blouse, short sleeve shirt and smock)
- Please review the consent form that will be presented the on the day of your appointment.

After Your Appointment

- No driving or operating hazardous equipment for 24 hours
- Do not make any legal or important decisions for 24 hours
- No heavy lifting or strenuous activity for 24 hours
- No stairs unless being escorted for 12 hours after sedation
- Do not return to work on the same day of anesthesia sedation
- Advance your diet as instructed
- Must have responsible person take you home after procedure and stay with them until they are fully alert. (Patients can NOT leave the office after sedation in a rideshare service or cab)